

Captains report 08/10/17      GLB

A slightly easier pace this month.

On 16<sup>th</sup> Sept - We did one of our coxes' days where we go through all the coxes' information in FYC. There were quite a few people there and lots of lively discussion. It was agreed that it was a good idea for everyone to attend these sessions as they can pick up a lot of information that they may find interesting. The PowerPoint will be put into the files section once as a pdf once it has been updated and other ideas put into place.

17<sup>th</sup> Sept – Unfortunately we couldn't make it to the Tweed row due to the towing car being broken.

23<sup>rd</sup> Sept – Both boats took part in the inaugural Castle to Crane race on the Clyde, quite a spectacle with over 75 boats and 400 rowers taking part. After a fairly windy forecast, the weather was pretty good to us on the day. Steddie completed the race in 2 hours 22 mins and Honesty in 2 hours and 39 mins.

In late September and early October we have had more of a return to rowing around Fisherrow and our local area. With the yachts now out of the harbour we have more space there too where we can row when the conditions are rough outside.

The season seems to be extending all the time so there is a row around the Bass Rock being organised by North Berwick on 22<sup>nd</sup> Oct. The Freshwater Sprints and SCRA AGM are on at Loch Tummel in the last weekend in October. Anyone can attend and row as part of the SE area team, or even just spectate if they would like.

Finally, over the autumn and winter we are going to be updating all the procedures and documentation to do with rowing and safety. We will try to talk people through everything that is going on with the trailer, the boat and the rowing/coxing so that everyone gets their knowledge and skill level up before next season. If you ever want to ask anything, please ask.