

There's been some very cold rowing this month! and a few cancellations due to the wind but we're very fortunate being tucked in the Forth here where we're a bit more sheltered than some clubs and able to row all 12 months of the year. The sessions have been full with seasoned rowers and new recruits which is great to see.

New Rowers presentation - David is putting together a short presentation for new rowers (or anyone else who would like to go along) with a bit about the history of the club, info about rowing and also about the regattas. This will be happening during the next month. The idea is to give new rowers a bit more of a structured introduction to the club and how it works.

Regattas – Bigtent 'Events' have now been posted for all the regattas up to our own **Eskmuthe Regatta on Sat 11th August**. Please put the dates in your diary (especially our regatta) and sign up on the Events pages.

Sat 28th April - Port Seton Regatta, **Sat 26th May** - Queensferry Regatta, **Sat 23rd June** - Portobello north, **Sat 7th July** - Ullapool regatta

We're going to ask which club members want to take part in regattas and if so, ask about their availability as early as possible – so we can try to get crews together to do training in advance of the Regattas this year. The plan is to put an email out to all members this week asking if they want to take part in regattas and do some training– so look out for it and sign up. The regattas are great fun and open to all. It'll be good to do a bit more team building and preparation in advance and see if we can improve on last year's results.

Midweek Rows - As the days are getting lighter I'm making up a list of midweek dates when we'll be able to row in the morning before work if people are interested (7 – 8.30am) and also a list of midweek evenings. If the weather looks good some of these sessions may be posted a short notice so keep an eye out for them. If they're posted at short notice we'll call them FLASH rowing sessions.

Cancelling sessions - After cancelling an early-morning session recently based on a very bad weather forecast which proved to be rubbish, we will take a slightly different approach. If the weather looks dodgy for a morning row, the cox should text all the crew alerting them to the possibility of the session being off – and say they will be told at least an hour in advance if it is off. The cox should then make arrangements to check the conditions, make a decision and text the crew if the row is off. David & Gaynor are happy (if they are around) to go over to the harbour to make a call and report back to the cox, but it would still be the cox's responsibility to inform the crew if the row is off. Clearly, as the days draw out, we couldn't do this for very early morning rows and the call would have to be made the night before.

If you have to drop out of a rowing session within 24 hours of it happening, please text the cox or email Eskmuthe so that know and can ask around for a replacement crew member - Thanks

Happy Rowing!

George

